

Idioms & Phrases

1. **Hold someone or something at bay**

- (a) **to thrive or to grow very successfully**
- (b) **trap or corner a person or animal being hunted or chased**
- (c) **prevent someone or something from moving closer**
- (d) **to seek punishment for a person or group**

(SSC MTS 2022)

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Idioms & Phrases

2. Heart and soul

- (a) with complete honesty
- (b) front to front
- (c) with all the effort you can put
- (d) feeling sympathy for someone

(SSC CPOSI 2022)

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Idioms & Phrases

3. Our hearts go out to the families or of the victims of this terrible tragedy.

- (a) well wishes for a deceased person**
- (b) to wish for things does not yield to anything**
- (c) to receive or express praise for a job well done**
- (d) to feel sympathy for someone when they are distressed**

(SSC CPOSI 2022)

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Idioms & Phrases

4. **Hold your horses**

- (a) **holding and keeping things by yourself**
- (b) **give time to others for some rest**
- (c) **to tell someone to stop and consider carefully**
- (d) **to keep the horse chain intact**

(SSC CPOSI 2022)

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Idioms & Phrases

5. His jokes fell flat on the audience.

- (a) deeply touched**
- (b) failed to have an effect**
- (c) provoked laughter**
- (d) irritated**

(SSC CHSL 2022)

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Idioms & Phrases

6. **Hard nut to crack**

- (a) someone who solves puzzles easily
- (b) a difficult person or problem
- (c) a person who likes to joke around
- (d) someone who needs guidance

(SSC CHSL 2022)

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Idioms & Phrases

7. Hang on every word

- (a) stammer while speaking
- (b) speak very slowly
- (c) stop after hearing one word
- (d) listen very carefully

(SSC CHSL 2021)

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Idioms & Phrases

8. Herculean task

- (a) a job that makes everyone feel proud
- (b) a job that required a large amount of physical strength
- (c) a job requires a lot of talking and information
- (d) a job that only weak people are assigned

(SSC CGL 2021)

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Idioms & Phrases

9. **Have your heart set on something**

- (a) to be in control of one's feelings
- (b) to be always in a nervous state
- (c) to want something very much
- (d) to not want something at all

(SSC MTS 2021)

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Idioms & Phrases

10. Hit the ceiling

- (a) explode in anger
- (b) make good progress
- (c) reach the top
- (d) have high hopes

(SSC MTS 2021)

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Idioms & Phrases

11. Hats off to **someone**

- (a) give hats to
- (b) make new hats for
- (c) announce a prize for
- (d) congratulations to

(SSC CHSL 2020)

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Idioms & Phrases

12. Hold water

- (a) to be valid
- (b) to be fickle
- (c) to be busy
- (d) to be deep

(SSC CHSL 2020)

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Idioms & Phrases

13. Have several irons in the fire

- (a) burning unwanted pieces of iron**
- (b) talking to many persons simultaneously**
- (c) doing iron related work**
- (d) having too many engagements at a time**

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Idioms & Phrases

14. Hang up your boots

- (a) to be rejected
- (b) to take retirement
- (c) to dry your shoes
- (d) to hang upside down

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Idioms & Phrases

15. Hand in glove

- (a) in close association
- (b) secret
- (c) attempt to deceive
- (d) false praise

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Idioms & Phrases

16. Head over heels

- (a) to think with head instead of heart
- (b) to run away from an unpleasant situation
- (c) to take a nasty fall
- (d) to be madly in love

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Idioms & Phrases

17. Have a blast

- (a) a party with very loud music**
- (b) to have peace amidst noise**
- (c) to have a lot of fun**
- (d) an explosion of happiness**

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Idioms & Phrases

18. Hit the nail on the head

- (a) do or say something exactly right**
- (b) attack someone at the right time**
- (c) create problems for others**
- (d) get into conspiracy**

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Idioms & Phrases

19. In hot waters

- (a) to dip in hot water
- (b) to be in a hot climate
- (c) to be in trouble
- (d) to feel relaxed

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Idioms & Phrases

20. He is in high spirits today.

- (a) cheerful**
- (b) drunk**
- (c) annoying**
- (d) disturbed**

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Idioms & Phrases

21. In seventh heaven

- (a) extremely sad**
- (b) in the presence of God**
- (c) extremely happy**
- (d) Seven-day birthday ceremony**

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Idioms & Phrases

22. In the same breath

- (a) try and hold your breath**
- (b) practice breathing exercises**
- (c) say two contradictory things at the same time**
- (d) able to get a foul smell**

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Idioms & Phrases

23. In the eye of the storm

- (a) be involved in discussion**
- (b) be calm in difficulty**
- (c) be in a controversial situation**
- (d) be the centre of attraction**

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Idioms & Phrases

24. In a fog

- (a) **disturbed and unhappy**
- (b) **sightless and blind**
- (c) **trapped in foggy weather**
- (d) **confused and dazed**

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Idioms & Phrases

25. In the pink

- (a) in a happy mood
- (b) in good health
- (c) in pink dress
- (d) in the limelight

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